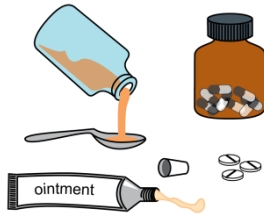


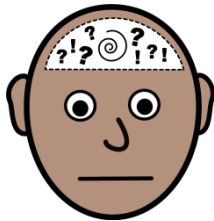
STOMP



Stopping the over medication of people with a learning disability, autism or both

STOMP

STOMP is a project in England to stop too much use of psychotropic medicines.



These medicines are used to treat mental health conditions.

Sometimes they are also given to people because their behaviour is seen as challenging.



Remember!

Do not change your dose of these medicines or stop taking them without talking to your doctor.

Ask your doctor for a medicine review or an annual health check.

Your doctor or nurse can help with finding other support too.



Go to
www.england.nhs.uk/stomp