

# Oak Tree and Pensilva Flu Programme

## Autumn/Winter 2020



The delivery of our flu programme has been adjusted this year to allow for new guidelines that have been put in place due to the coronavirus. You will find information below on the delivery of our flu programme for Autumn/Winter 2020. Please support your practice by attending the surgery for your flu vaccine. Your safety and the health of our community is our priority.

### Who is eligible for the free seasonal flu vaccination?

#### The eligibility criteria for flu vaccination are as follows:

##### **Adults:**

- .You are 50 or over \*\*Please see below if you are aged between 50—65
- .You are a carer
- .Pregnant women
- .Chronic (long-term) respiratory diseases, such as ; asthma (which requires an inhaled or tablet steroid treatment, or has led to hospital admission in the past), chronic obstructive pulmonary disease (COPD), emphysema or bronchitis
- .Chronic heart disease, such as heart failure
- .Chronic kidney disease
- .Chronic liver disease, such as hepatitis
- .Chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), learning disability or cerebral palsy
- .Diabetes
- .Problems with your spleen – for example, sickle cell disease or if you have had your spleen removed
- .A weakened immune system as the result of conditions such as HIV and AIDS, or medication such as steroid tablets or chemotherapy
- .Being seriously overweight (BMI of 40 or above)

##### **Children:**

- .Children aged 2 or 3 on 31 August 2020—that is, children born between 1 September 2016 and 31 August 2018
- .All primary school children and children in year 7 of secondary school (vaccinations will be administered in school)
- .Children aged 2 to 17 with long-term health conditions

Who can have the flu jab?

### Staged delivery of vaccinations

Adults aged 65 and over and adults with a chronic illness (see criteria above) will be able to book into clinics starting from Wednesday 23 September.

\*\*The following statement has been issued by The Immunisation Team at NHS England regarding the implementation of flu vaccines to those patients aged 50-64 year

*Please note that people in the 50-64-year old age group will **not** be vaccinated until November and December, providing there is sufficient vaccine, and no appointments will be offered for this age*

## How to book an appointment for a flu vaccine

**PLEASE CHECK THAT YOU ARE ELIGIBLE FOR THE FLU VACCINE BEFORE MAKING AN APPOINTMENT.**

**Any appointments booked online for non-eligible patients will be cancelled.**

Please contact the surgery on 01579 324 252 and one of our reception team will be able to book you into an appropriate clinic. Please let our team know if you require any type of assistance on the day and whether you will be attending with a carer.

## What have we done to protect you from risk of infection?

As well as all of the current strict protocols put in place due to Covid-19 such as social distancing, reduced footfall, PPE, Covid screening etc, a number of measures specifically aimed at delivering our flu clinics have been put in place such as:

- Specific clinics for our shielded patients
- Specific Child Flu Clinics
- No walk in clinics
- One way systems throughout the buildings



## What can you do to help?

There are a number of ways in which you can help to ensure your appointment runs smoothly and to help us ensure the safety of our staff and patients:

- Please do not arrive early or late for your appointment, you will not be permitted to enter the building until your appointment time
- Book appointments and attend in family bubbles
- Observe social distancing
- Wear a face mask—you will be asked to re-book your appointment if you arrive without a face mask (those who are exempt will be booked into separate clinics)
- Do not turn up to the surgery without an appointment—we are not doing walk in flu clinics this year
- Use the toilet before attending
- Wear a short sleeved, loose top to allow easy access for vaccination. If the weather is cold please wear layers that you can easily and quickly remove such as cardigans or zip up coats/jackets
- You will not be able to do anything other than receive your flu vaccine during the flu clinics so please do not delay the staff by asking to book further appointments etc.
- Do not attend the surgery with Covid Symptoms.

## Clinic Dates & Times

### Non Shielded Patients

Saturday 10 October 9am—1pm Pensilva

Week Days 2pm—6pm Pensilva

Wednesday Evenings 6pm—8pm Oak Tree

### Shielded Patients

Wednesday 23 September 6pm—8.30pm Oak Tree

Saturday 26 September 9am—1pm & 2pm—6pm Pensilva

Saturday 3 October 2pm—6pm Oak Tree



### Child Flu Clinics

Currently, child immunisations are taking place in the morning before other patients are allowed into the surgery. These clinics will now be extended to safely include child flu vaccinations.

### What will happen at your appointment?

- Arrive on time and in your family bubble if booked together. Please do not arrive before or after your appointment. Do not forget to wear a mask/face covering
- Present to the front doors of the building where you will be met by receptionists who will be wearing full PPE.
- The receptionists will take your temperature using a non-touch thermometer and then ask you the Covid screening questions. If you answer positively to any of these questions or are displaying Covid symptoms you will be asked to return home and re-book your appointment when it is safe for you to attend
- Upon passing the Covid screening you will be directed into the building and asked to join a queue—keeping to social distancing markings on the floor
- The queue will follow a one way system throughout the building (there will be marshals on site to help guide you)
- Expose your shoulder/upper arm in preparation for your vaccine
- The Clinical Staff will be located in their rooms at the end of the corridors. When it is your turn they will check your details and administer your vaccine
- You will exit via a door at the end of the corridor to prevent walking back through the building. The exits will be clearly marked and the marshals will be there to help guide you through

### WE ARE COVID SAFE

We hope this information has helped you to understand how our flu clinics are going to run. We appreciate that a lot of our patients eligible for the flu vaccine might have some concerns around attending a medical setting in the current climate. We hope that we have gone some way to reassuring you that we have done everything possible to minimise any risk of infection and to keep you all safe. We look forward to seeing you.

